





Mentee Self-Assessment & Discipleship Readiness Evaluation


Evaluating Growth & Strengthening Discipleship Foundations:

 Key Verse: “Examine yourselves, to see whether you are in the faith. Test yourselves.” – 2 Corinthians 13:5

After walking together through the mentorship relationship phase, it is important to assess the mentee’s growth and readiness for deeper discipleship. This evaluation will help the mentor determine:


-  Areas of spiritual, emotional, and personal growth
-  Discipleship strengths and weaknesses
-  Strategies for continued spiritual development

I. Mentee Self-Assessment: Where Am I Now?

 Key Verse: “Create in me a clean heart, O God, and renew a right spirit within me.” – Psalm 51:10

The mentee will evaluate key aspects of their spiritual, emotional, relational, and practical life areas.

Mentee’s Discipleship Growth Scale

 Instructions: Rate yourself in each category from 1 (Very Weak) to 5 (Strong & Consistent).

Category	1 (Very Weak)	2 (Weak)	3 (Neutral)	4 (Growing)	5 (Strong & Consistent)
Spiritual Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prayer Life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bible Study & Biblical Literacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obedience to God’s Word	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Faith & Trust in God	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional & Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family & Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evangelism & witnessing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Serving in Ministry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accountability & Discipleship Commitment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Step 2: Interpretation of the Score

Once the mentee has rated themselves, the mentor will interpret the results.

Score Range	Assessment Level	Interpretation
40 – 50	Strong & Discipleship Ready	The mentee has grown significantly and is ready for greater discipleship responsibilities.
30 – 39	Developing but Needs Strengthening	The mentee is progressing but still needs focused growth in key areas.
20 – 29	Inconsistent & Needs Improvement	There are significant gaps in discipleship. More structured mentorship is needed.
Below 20	Needs Serious Spiritual Realignment	Major areas require growth before advancing in discipleship. Focus on foundational training.

II. Action Plan for Growth

Reflection Questions for Growth

- ◆ Which areas did I score below 3?
- ◆ What specific actions can I take to improve?
- ◆ What resources (books, Bible studies, mentorship) will help me grow?
- ◆ How can I intentionally invite my mentor to help me in these areas of growth?

III. Personal Commitment Statement

Considering my self-assessment, I commit to focusing on the following areas for spiritual and personal growth:

1. Key Areas for Growth:

2. Steps I Will Take to Improve:

3. How My Mentor Can Help Me:

Mentee's Signature: _____ Date: _____